

Adventurous Play Policy



Policy Relevant to:	Team members, Educators, Families
Last Reviewed:	July 2025
Next Review:	July 2027
ECS National Law:	S167
ECS National Regulations:	r73, r85, r86, r97, r101-105, r109, r113, r114, r115, r136, r168, r171,
NQS:	1.1.1, 1.1.1, 2.1.2, 2.1.3, 2.2, 2.2.1, 3.1.2, 3.2, 3.2.1, 3.2.2

Rationale

Adventure Patch services are committed to supporting families to understand the importance and benefits of risk-taking through adventurous play for their children. We believe that for children to learn effectively and prepare for lifelong skills, it's important for them to experience challenging situations in our physical environment that is managed effectively to minimise negative outcomes, not eliminate risk.

'Being adventurous is about creating opportunities for children (and adults) to explore and test their own capacities, to manage risk and to grow as capable, resourceful and resilient children and adults.'

(National Quality Standard, Professional Learning Program, 2013).

Play-based learning is defined as: 'A context for learning through which children organise and make sense of their social worlds, as they engage actively with people, objects and representations'

(Early Years Learning Framework, V2.0, p23)

Purpose

We acknowledge the important developmental benefits of adventurous and risky play, such as psychological, perceptual, physical/motor skills and social development. (Sandseter, 2010).

We encourage educators to support children's curiosity by providing them with opportunities to access risks and manage situations appropriately. We aim to support and respond to children's physical development by offering an environment that provides open-ended, dynamic, stimulating and challenging learning opportunities for all children.

We believe that play builds a child's self-esteem, communication/social skills and confidence and we use techniques to help children to become self-motivated and willing to give things a try through demonstration, encouragement and positive feedback.

What is Adventurous Play

Adventurous play, sometimes referred to as 'risky play', is a natural part of children's play and can often be described as a thrilling and exciting activity, involving a risk of physical



injury and play that provides opportunities for challenge, testing limits, exploring boundaries and learning about injury risk (Sandseter (2007); Little & Wyver, 2008).

Involvement in adventurous play provides children with opportunities to explore and test their own capacity, access risks and manage situations, master new skills, extend their limits and learn life skills. Research shows that the success and failure of adventurous play motivates children to try again and work out different ways of doing things, increases their physical motor skills and teaches them about their own limits. (Sandseter, 2011; Tovey, 2010).

In our endeavour to create a physical environment that is safe for all children at all times, we may create a physical environment that inadvertently limits adventure and risk-taking.

The National Quality Standard (2.1.3) aims to encourage:

"The educational leader and educators to foster physical and psychological development in children by encouraging physical activity that is challenging, extends thinking and offers opportunities to take manageable risks." (2018, p: 68).

Implementation

Adventure Patch will continually determine whether a learning environment is dangerous or a potential learning opportunity that may encourage risk-taking.

Children are faced with risks every day. Rather than trying to eliminate all risks from children's play, our services will identify the possible risks and make informed decisions about whether the benefit for children's development and learning outweighs the risks and protect children from any potential harm. We will ensure that every reasonable precaution is taken to protect children from harm and from any hazard likely to cause injury (Section 167 National Law).

In addition, Educators will conduct daily safety checks to identify potential risks and hazards.

Educators will use positive language to support and encourage children to engage in adventurous and risky play, modify activities to ensure all experiences are inclusive and promote competence and exploration.

Adventure Patch will:

- Conduct risk assessments to identify potential hazards, assess the risks and minimise any risks that could potentially cause harm or injury to children.
- Engage in critical reflection as a team and with the children about the risks and benefits of a new activity or process.
- Undertake daily inspection of the outdoor and indoor learning environment to identify any potential risk of harm to children as per our *Health and Safety Policy*.
- Provide adequate supervision; every child at the service should always be monitored actively and diligently; this means knowing where children are at all times.
- Provide direct, constant, and proximal monitoring of children undertaking activities that involve some risk and recognising when the ratio of educators to children needs to be increased (e.g., carpentry, water activities, fire activities, climbing)

- Notify the Regulatory Authorities of any serious incident within the timeframes prescribed in the regulations.
- Notify parents as soon as practicable within the timeframes prescribed in the regulations if their child is involved in a serious incident/situation at the service. Details of the incident/situation are to be recorded on the *Incident, Injury, Trauma and Illness Record* or the current record-keeping system.
- Notify parents as soon as practicable if their child has suffered a bump to the head. Parents and caregivers must, therefore, keep a watchful eye on the child for some time after they hit their head, checking for signs of a possible concussion.
- Actively encourage and acknowledge children's competence to assess risks and possible consequences (It is important to involve children in the risk assessment process, as this provides added benefits of being able to talk through hazards, learn about assessing and managing appropriate risks for themselves).
- Provide children of all ages and abilities with authentic learning experiences aimed to challenge children's capabilities, manage risk and grow as capable, resourceful and resilient children (and adults).
- Encourage children to take risks through the use of positive language, guidance, and enthusiasm.
- Refrain from pushing or forcing children to do something they are not sure about.
- Provide a challenging and adventurous learning environment that supports children's curiosity, adventure, and motivation.
- Respect children's growth mindset, acknowledging them as competent and capable learners.
- Trust in children's abilities and judgement whilst scaffolding their learning.
- Allow children to learn new skills in a safe environment through supervision and adherence to the correct educator-to-child ratios.
- Mentor and support families' knowledge about the benefits of providing children with adventurous play experiences.
- Refrain from denying children the value of an experience because it may appear to be dangerous.
- Uphold the duty of care and take it seriously.
- Continue to meet legal obligations and responsibilities as documented in the NQS and National Law.

Adventurous Play Encourages Children to:

- Problem-solve.
- Develop skills in negotiating (including risks).
- Build resilience, perseverance and persistence.
- Extend their balance, orientation skills and coordination.
- Become aware of their own capabilities and limits.
- Make appropriate risk decisions.
- Develop self-regulation.
- Take acceptable risks.
- Make decisions.
- Learn about the consequences (positive and negative) of risk taking.
- Gain confidence and independence.
- Become creative and curious.
- Learn how to use equipment safely.

Bush Camp (Play)

Adventure Patch provides children the opportunity to regularly participate in bush camp, an in nature program, as part of their enrolment. Children have the opportunity to explore and engage with the natural world, fostering a connection to the environment and an appreciation for nature.

Our services will conduct a risk assessment prior to bush camp activities.

An in-nature pedagogy incorporates time spent by children and educators outside the approved children's education and care service premises with a focus on nature. [ACECQA, NQF Review (2019)].

Bush camp encourages children to:

- Use natural items for sustainability.
- Develop skills in natural local environments.
- Build a respect and understanding of local customs and traditions.
- Build knowledge of Australian and Torres Strait Islander people.
- Develop an understanding of first nations connection to land, water, plants, animals, mother earth and father sky.
- Develop a personal connection and understanding with nature .
- Help to make future appropriate decisions for our world.
- Develop a sense of wellbeing, inner strength and confidence from nature.

Professional Development

- We believe that it is adults' attitudes towards and understanding of children's play and risk-taking that have the most significant impact on the quality of these experiences.
- As part of this policy, it is the responsibility of Adventure Patch to provide internal and external professional development.
- Adventure Patch will assist and facilitate educators in training, as well as ensure we are able to adequately support the facilitation of children's play and risk-taking.

Related policies

Administration of First Aid Policy Acceptance and Refusal of Authorisation Policy Child Protection Policy Child Safe Environment Policy Delivery of Children to and Collection from Health and Safety Policy Incident, Injury, Trauma and Illness Policy	Excursion/Incursion Policy Medical Conditions Policy Physical Environment Policy Sun Safety Policy Supervision Policy Water Safety Policy Work Health and Safety Policy
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Sources

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Review History

Policy Reviewed By:	Scott Norris	DCEO	July 2025
POLICY REVIEWED	July 2025	NEXT REVIEW DATE	July 2027
Modifications	<ul style="list-style-type: none">General policy maintenanceUpdated national laws and regulationsChecked and updated hyperlinksUpdated policy listAdded section on Bush Play		
POLICY REVIEWED	PREVIOUS MODIFICATIONS		NEXT REVIEW DATE
September 2023	<ul style="list-style-type: none">policy maintenance - no major changes to policyhyperlinks checked and repaired as requiredadded related polices		July 2025

Signed

CEO:	
Manager:	S. Norris